

2019 SEA HARVEST INTERCLUB CHAMPIONSHIPS
MUIZENBERG PAVILION BEACH (in front of Civic Centre)
SATURDAY FEBRUARY 23rd



FORMAT

APPROXIMATE TIMES

Do NOT leave the Contest Area without checking with Contest Director

7.30 AM CONTEST DIRECTORS BRIEFING

8.00 AM ROUND ONE 5 X 40MIN HTS

11.20AM ROUND TWO 4 X 40MIN HTS

2.00PM ROUND THREE - SEMIS 2 X 40MIN HTS

3.20PM ROUND FOUR - FINAL 1 X 40MIN HT

4.00PM HEATS COMPLETED

4.15PM AWARD CEREMONY AT VENUE